

Curriculum Vitae  
**Melanie A. Fernandez**

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**LICENSURE & CERTIFICATIONS**

2023 Certified Provider, Supportive Parenting for Anxious Childhood Emotions (SPACE)  
2011 Diplomate in Clinical Child and Adolescent Psychology, American Board of Professional Psychology  
2009 Global Trainer, Parent-Child Interaction Therapy (PCIT)  
2009 Psychologist, New York State License # 017948

**CLINICAL POSITIONS**

2014 – present Clinical Psychologist, Melanie Fernandez Psychology Practice, PLLC  
2016 – 2017 Adjunct Clinical Supervisor, Yeshiva University, Ferkauf Graduate School of Psychology  
2011 – 2014 Director, Parent-Child Interaction Therapy Program, Child Mind Institute  
2010 – 2014 Clinical Psychologist, Child Mind Institute

**ACADEMIC POSITIONS**

2013 Adjunct Professor, Yeshiva University, Ferkauf Graduate School of Psychology  
2009 – 2012 Assistant Research Scientist, New York University Child Study Center  
2009 – 2010 Clinical Assistant Professor, New York University Child Study Center

**EDUCATION**

2007 – 2009 NEW YORK UNIVERSITY SCHOOL OF MEDICINE  
Post-Doctoral Fellowship  
Child Study Center, Institute for Attention-Deficit/Hyperactivity and Behavior Disorders

2007 UNIVERSITY OF FLORIDA, Doctor of Philosophy  
Major: Clinical Psychology  
Concentration: Clinical Child/Pediatric Psychology  
Dissertation: *Predicting treatment and follow-up attrition in parent-child interaction therapy*

2006 – 2007 DUKE UNIVERSITY MEDICAL CENTER  
Clinical Internship in Medical Psychology

2004 UNIVERSITY OF FLORIDA, Master of Science  
Major: Clinical Psychology  
Concentration: Clinical Child/Pediatric Psychology  
Master's Thesis: *Race matters: Treatment outcome for African Americans in parent-child interaction therapy.*

2002 BROWN UNIVERSITY, Bachelor of Arts with Honors  
Major: Psychology

## CLINICAL EXPERIENCE

**Participant, SPACE Consultation with Dr. Yaara Shimshoni, Virtual, 2020 - 2023**

**Participant, SPACE Expanded: Applications for ARFID and Failure to Launch, Virtual, 2021**

**Participant, SPACE Training Workshop, Yale Child Study Center, 2019**

**PCIT Consultant, Commonwealth Health Research Board: *The Treatment of Behavior Problems Among Children with Autism Spectrum Disorders: Pilot Study*, Eastern Virginia Medical Center 2011**

**Therapist, NIMH grant: *Parent Training for ADHD Preschoolers*, New York University Child Study Center  
September 2008 – May 2012**

**Therapist, NIMH grant: *Organizational Skills Treatment for ADHD Children*, New York University Child Study Center  
September 2008 – January 2011**

**Clinical Supervisor, Parent-Child Interaction Therapy (PCIT) Teams, New York University Child Study Center  
July 2007 – August 2010**

**Program Co-Developer, Teacher-Child Interaction Therapy (TCIT), Astor Child Guidance Center  
July 2007 – August 2010**

**Clinical Supervisor, NYU Summer Program for Kids  
May 2008 – August 2010**

**Predoctoral Internship, Department of Psychiatry, Duke University Medical Center  
July 2006 – June 2007**

**Attention-Deficit/Hyperactivity Disorder (ADHD) Clinic  
Psychosocial Treatment Clinic  
Durham Child Development and Behavioral Health Clinic  
Lincoln Community Health Clinic  
Family Studies Clinic**

**Advanced Psychotherapy Practicum, Shands Hospital Psychology Clinic, Department of Clinical and Health Psychology, University of Florida  
February 2004 – June 2006**

**Lead Therapist, NIMH grant: Project IFCAP (Improving the Future of Children and Parents) – Department of Clinical and Health Psychology, University of Florida  
March 2005 – July 2005**

**Lead Therapist, NIMH grant: Project GIFT (Growing Into the Future Together), Department of Clinical and Health Psychology, University of Florida  
July 2003 – June 2006**

**Therapist, D-Cycloserine augmentation of exposure-response prevention therapy in adult OCD, Department of Child and Adolescent Psychiatry, University of Florida  
June 2005 – June 2006**

**Advanced Specialty Practicum – Pediatric Psychology**, Department of Clinical and Health Psychology, University of Florida  
May 2005 – August 2005

**Advanced Specialty Practicum – Obsessive-Compulsive Disorder (OCD) Consultation and Liaison**, Department of Child and Adolescent Psychiatry, University of Florida  
January 2005 – May 2005

**Rural/Primary Care Psychology Practicum**, Department of Clinical and Health Psychology, University of Florida  
August 2004 – December 2004

**Medical/Health Psychology Practicum**, Department of Clinical and Health Psychology, University of Florida  
May 2004 – August 2004

**Child Assessment Practicum**, Department of Clinical and Health Psychology, University of Florida  
January 2004 – May 2004

**Neuropsychological Assessment Practicum**, Department of Clinical and Health Psychology, University of Florida  
August 2003 – December 2003

**Project GIFT – Co-Therapist**, Department of Clinical and Health Psychology, University of Florida  
July 2002 – July 2003

## RESEARCH EXPERIENCE

**Principal Investigator**, Grant from the New York City Council: *Teacher-Child Interaction Training (TCIT) in New York City Schools*  
September 2011 – 2012

**Graduate Research Assistant – Project GIFT**, Child Study Laboratory, Department of Clinical and Health Psychology, University of Florida  
August 2002 – May 2006

**Coder** – Dyadic Parent-Child Interaction Coding System (DPICS), Department of Clinical and Health Psychology, University of Florida  
August 2002 – May 2006

**Coder** – Revised Edition of the School Observation Coding System (REDSOCS), Department of Clinical and Health Psychology, University of Florida  
August 2002 – May 2006

**Research Assistant**, Brown University  
September 2000 – May 2001  
Supervisor: Michael Inzlicht, Ph.D.

## PUBLICATIONS

- Fernandez, M. A.,** Adelstein, J. S., Miller, S. P., Areizaga, M. J., Gold, D. C., Sanchez, A. L., Rothschild, S. A., Hirsch, E., & Gudiño, O. G. (2015). Teacher-Child Interaction Training: A pilot study with random assignment. *Behavior Therapy, 46*, 463-477.
- Fernandez, M. A.,** Gold, D. C., Hirsch, E., & Miller, S. P. (2015). From the clinics to the classrooms: A review of Teacher-Child Interaction Training in primary, secondary, and tertiary prevention settings. *Cognitive and Behavioral Practice, 22*, 217-229.
- Fernandez, M. A.,** Butler, A. M., Eyberg, S. M. (2011). Treatment outcome for low socioeconomic status African American families in parent-child interaction therapy: A pilot study. *Child and Family Behavior Therapy, 33*, 32-48.
- Fernandez, M. A.,** & Eyberg, S. M. (2009). Predicting treatment and follow-up attrition in parent-child interaction therapy. *Journal of Abnormal Child Psychology, 37*, 431-441.
- Murray, D. W., Bussing, R., **Fernandez, M. A.,** Hou, W., Garvan, C. W., & Eyberg, S. M. (2009). Psychometric properties of teacher SKAMP ratings from a community sample. *Assessment, 16*, 193-208.
- Bussing, R., **Fernandez, M. A.,** Harwood, M. D., Hou, W., Garvan, C., & Swanson, J. M. (2008). Parent and teacher SNAP-IV ratings of Attention Deficit/Hyperactivity Disorder: Psychometric properties and normative ratings from a school district sample. *Assessment, 15*, 317-328.
- Storch, E. A., Merlo, L. J., Larson, M. J., **Fernandez, M. A.,** Jacob, M., L., Geffken, G. R., Grabill, K., Murphy, T. K., & Goodman, W. K. (2007). Family accommodation in pediatric Obsessive-Compulsive Disorder. *Journal of Clinical Child and Adolescent Psychology, 36*, 207-216.
- Storch, E. A., Merlo, L. J., Bengtson, M., Murphy, T. K., Lewis, M. H., Yang, M. C., Jacob, M. L., Larson, M., Hirsh, A., **Fernandez, M. A.,** Geffken, G. R., & Goodman, W. K. (2007). D-Cycloserine does not enhance exposure-response prevention therapy in Obsessive-Compulsive Disorder. *International Journal of Clinical Psychopharmacology, 22*, 230-237.
- Storch, E. A., Murphy, T. K., **Fernandez, M. A.,** Krishnan, M., Geffken, G. R., Kellgren, A. R., & Goodman, W. K. (2007). Factor analytic study of the Yale Global Tic Severity Scale. *Psychiatry Research, 149*, 231-237.
- Fernandez, M. A.,** Storch, E. A., Lewin, A. B., Murphy, T. K., & Geffken, G. R. (2006). The principles of extinction and differential reinforcement of other behaviors in the intensive cognitive behavioral treatment of primarily obsessional pediatric OCD. *Clinical Case Studies, 5*, 511-521.
- Fernandez, M. A.,** & Eyberg, S. M. (2005). Keeping them in once they've come through the door: Attrition in parent-child interaction therapy. *Journal of Early and Intensive Behavioral Intervention, 2*, 207-212, <http://www.jeibi.com/JEIBI-2-3.pdf>
- Bagner, D. M., **Fernandez, M. A.,** & Eyberg, S. M. (2003). Parent-child interaction therapy and chronic illness: A case study. *Journal of Clinical Psychology in Medical Settings, 11*, 1-6.

## PROFESSIONAL MEETING PRESENTATIONS

- Chavez, F.T., Stapert, E., Chase, R.M., & **Fernandez, M.A.** (2021, August). *DPICS in Color: Rethinking the English Language and Illuminating the PRIDE in the Richness of Urban Vernacular*. Symposium presented at the Biennial PCIT Convention (Virtual).

- Chase, R.M., **Fernandez, M.A.**, & Stapert, E. (2020, April). *What have you done for me lately? Coaching strategies to promote parental motivation and skill acquisition*. Symposium presented at the 3<sup>rd</sup> Northeast Regional Conference for PCIT (Virtual).
- Stapert, E., **Fernandez, M.A.**, & Chase, R.M. (2020, April). *I Before E But Not After C: Mastering Tricky Coding Rules*. Symposium presented at the 3<sup>rd</sup> Northeast Regional Conference for PCIT (Virtual).
- Fernandez, M.A. (2019, August). Discussant: *Maintaining motivation throughout the CDI phase of PCIT: Novel strategies and approaches*. R.M. Chase Chair. Symposium presented at the Biennial PCIT Convention, Chicago, IL.
- Fernandez, M.A.**, Chase, R.M., Nelson, M., & Warner-Metzger, C.M. (2015, October). Taking coding to the next phase: Applications of PDI coding. Workshop presented at the Biennial PCIT International Convention, Pittsburgh, PA.
- Fernandez, M.A. (2015, September). Discussant: *Building positive school environments via universal TCIT: Studies in science and practice*. K. Budd Chair. Symposium presented at the Biennial PCIT Conference, Boston, MA.
- Bussing, R., Chase, R.M., & **Fernandez, M.A.** (2013, October). *Parent-child interaction therapy: Treatment components and evidence-base*. Symposium presented at the 60<sup>th</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Orlando, Florida.
- Abner, J.P., Bagner, D.M., Chase, R.M., **Fernandez, M.A.**, & Nelson, M.N. (2013, February). *An introduction to Parent-Child Interaction Therapy*. Workshop presented for the Effective Child Therapy Online Education website in collaboration with the American Psychological Association Division 53, Society of Clinical Child and Adolescent Psychology, Center for Children and Families at Florida International University, and Children's Trust, Miami, FL.
- Fernandez, M.A.**, Miller, S.P., Gold, D., Hirsch, E., Kurtz, S.M., Adelstein, J.S., Sanchez, A., Rothschild, S., Areizaga, M., Rachlin, A., Barberie, S., Milham, M., & Klein, D. (2012, November). *Teacher-Child Interaction Training: Coaching Towards Progress*. In R. Chase (Chair). A Closer look at coaching: New developments in the use of live therapist feedback in parent-child interaction therapy. Symposium presented at the 46<sup>th</sup> Annual Meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Bussing, R., Chase, R., & **Fernandez, M.A.** (2012, October). *Parent-child interaction therapy: Treatment components and evidence-base*. Symposium presented at the 59<sup>th</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry, San Francisco, California.
- Bussing, R., Chase, R., & **Fernandez, M.A.** (2011, October). *Parent-child interaction therapy: Treatment components, evidence-base, and training guidelines*. Symposium presented at the 58<sup>th</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
- Fernandez, M.A.**, Kurtz, S.M.S., O'Brien, K.A., Miller, S.P., & Madigan, R. (2011, September). *From the clinics to the classrooms: Teacher-child interaction training*. In K. Budd (Chair), Emerging Models of Teacher-Child Interaction Training. Symposium presented at the 2011 Biennial International Convention – Parent-Child Interaction Therapy, Gainesville, FL.
- Fernandez, M. A.**, Zisser, A., & Donnelly, R. (2010, October). *From the clinics to the classrooms: Teacher-Child Interaction Therapy/Training*. In R. Bussing (Chair), Parent-child interaction therapy: Evidence-based treatment for disruptive preschoolers. Symposium presented at the 57<sup>th</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.

- Fernandez, M. A.,** O'Brien, K. A., Kurtz, S. M., Karlin, T., Kirby, A., DiMotta, R., & Eyberg, S. M. (2008, November). *A pilot study of teacher-child interaction therapy in a day treatment program and therapeutic nursery*. Poster presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Butler, A. M., **Fernandez, M. A.,** & Eyberg, S.M. (2007, August). *Barriers to entering professional psychological treatment for young African American children*. Poster presented at the Annual Minority Fellowship Program Social Hour at the Annual meeting of the American Psychological Association, San Francisco CA.
- Fernandez, M. A.,** Hardy, K. K., Kollins, S. H., & McMaster, S. (2007, October). *Factor structure of DSM-IV ADHD symptoms in adults*. Poster presented at the 54<sup>th</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Boston, MA.
- Fernandez, M. A.,** Storch, E. A., Geffken, G. R., & Murphy, T. (2006, March). *Family accommodation in pediatric Obsessive-Compulsive Disorder: Examination of youth and parent report*. In L. Merlo (Chair). Novel Directions in Pediatric Obsessive-Compulsive Disorder Research. Symposium presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL.
- Fernandez, M. A.,** & Eyberg, S. M. (2006, January). *Predictors of treatment dropout in parent-child interaction therapy*. Poster presented at the Sixth Annual Parent-Child Interaction Therapy Conference, Gainesville, FL.
- Fernandez, M. A.,** & Eyberg, S. M. (2004, August). *Race matters: Treatment outcome for African American families in parent-child interaction therapy*. In K. Elliott (Chair). The application of an empirically supported treatment, parent-child interaction therapy, with diverse groups. Symposium presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Bagner, D. M., **Fernandez, M. A.,** & Eyberg, S. M. (2003, July). *Parent-child interaction therapy and chronic illness: A case study*. Poster presented at the Fourth Annual Parent-Child Interaction Therapy Conference, Sacramento, CA.

## EDITORIAL ACTIVITIES

- 2020 – present **Ad Hoc Reviewer**, Cognitive and Behavioral Practice
- 2016 – 2020 **Editorial Board Reviewer**, Cognitive and Behavioral Practice
- 2019 **Ad Hoc Reviewer**, Behavioural Processes
- 2008 – 2011 **Ad Hoc Reviewer**, Journal of Abnormal Child Psychology
- 2006 **Ad Hoc Reviewer**, Journal of Clinical Child and Adolescent Psychology
- 2004 **Ad Hoc Reviewer**, Cognitive and Behavioral Practice
- 2003 – 2004 **Ad Hoc Reviewer**, Journal of Clinical Psychology and Psychiatry

## OTHER PROFESSIONAL ACTIVITIES

- 2020 – present American Board of Clinical Child and Adolescent Psychology Mentor
- 2016 – present American Board of Clinical Child and Adolescent Psychology Exam Committee Member
- 2011 – 2014 “Ask Dr. Fernandez” column Writer, Scholastic: Instructor Magazine
- 2012 Keynote Speaker and Workshop Presenter, Oregon PCIT Conference
- 2012 Expert, National Geographic Channel, Taboo: Old Enough?
- 2011 – 2012 Coordinator and Presenter, professional development workshops for educators at a NYC public school
- 2011 Organizer, Preconvention Workshop on Advanced PCIT Coaching, Biennial PCIT Conference, Gainesville, FL
- 2011 Featured Story, CBS Local News: PCIT in the Spotlight

## **PROFESSIONAL ORGANIZATIONS**

2012 – present	PCIT International, Certified Global Trainer
2012 – 2014	PCIT International, Public Relations Spokesperson
2007 – 2015	Member, American Psychological Association
2007 – 2015, 2022	Member, Association for Behavioral and Cognitive Therapies
2003 – 2007	Student Affiliate, American Psychological Association
2003 – 2006	Student Affiliate, Florida Psychological Association
2002 – 2003	Sigma Xi, Research Honor Society, Brown University chapter